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Meet 2010 Resolutions During January's Get Organized Month

*Professional organizers give back to their communities
by sharing skills in neighborhoods nationwide.*

MOUNT LAUREL, N.J., December 14, 2009--The National Association of Professional Organizers (NAPO), a non-profit organization for professional organizers, announced today the launch of "Get Organized" Month which kicks off a month long initiative in January 2010.

"Getting organized is one of the top New Year's resolutions people make, and with 4,300 NAPO members ready and available to assist, it is easier than most people think," said NAPO President Laura Leist. "NAPO members have helped people put order to their lives during this month-long event by offering solutions for getting organized and hosting events nationwide. This year it's time to take action and Get Organized!"

During Get Organized Month, NAPO's chapters and members will hold public events offering de-cluttering tips and filing methods throughout the country. Some events include reuse-and-recycle programs, organizing services, shred-a-thons, seminars, school outreaches and contests. Programming will take place in local libraries, bookstores and community centers nationwide.

According to a recent survey conducted on behalf of NAPO, respondents agree—getting organized is definitely a necessity. Of those polled, 71 percent said their quality of life would improve if they were better organized.

- 65 percent described their home as at least moderately disorganized.
- 27 percent said disorder keeps them from being effective at work.

Last year, NAPO chapters tackled some tough projects for Get Organized Month, such as helping a New Hampshire homeless shelter achieve a more organized space, assisting an Outreach Center in Long Island achieve organizing success in a small space following a fire and an Organizing Expo at the University of Texas.

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This year, some of the events planned by NAPO include:

- A panel discussion titled “Get Organized Month: Ask the Organizer” at regional libraries. Professional organizers will speak on a variety of organizing topics including Time Management, Getting Organized Financially and Paperwork Management.
- A group of NAPO chapter members will be part of a panel discussion sharing organizing tips for home and office. This will be followed by demonstrations of how to utilize everyday products for organizing at home.
- One chapter will be donating time to organize the offices and education center of a non-profit assisting physically and mentally challenged clients. The chapter will be working on several areas of the facility to help it become more organized and efficient.

About NAPO

Founded in 1985, NAPO is the top national association dedicated to the field of organizing. NAPO’s purpose is to share information about this growing industry and to define quality standards for the organizing profession. NAPO is dedicated to serving its members through education, networking, industry resources and promotion of the organizing profession to the public. Find more information about NAPO and Get Organized Month including tips on home and office organizing, how to hire a professional organizer, a calendar of chapter events and organizing statistics visit www.napo.net.

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